Care Management Plan 2016 – 2017

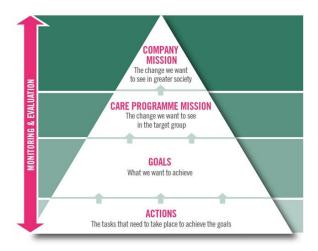
Sri Lanka



About the Care Management Plans

This document explains the bigger picture of our projects in Sri Lanka and how the combined daily tasks of all of our volunteers help us to achieve long term goals. By following Task Lists, our volunteers work towards our Goals, through which we contribute to our Care Programme Mission which combined with our other projects, helps us to reach our Company Mission.

Here we will lay out the priorities, resources, monitoring tools and evaluation systems used to make our ambition a reality.



Our Resources

Human Resources

- Volunteers are of course our primary resource to achieve our goals. We welcome over 3,000 Care volunteers per year globally.
- The staff at our placements support and facilitate our actions
- Over 600 Projects Abroad staff members provide the structure we need for worthwhile projects.

Physical Resources

- With over 50 Projects
 Abroad offices worldwide,
 there is always somewhere
 for volunteers to work
 together and share
 experiences
- We provide all necessary placement materials and regularly construct and renovate care centres.

Online Resources

- Our Volunteer Resources
 Database shares thousands
 of ideas among our
 community
- The Care Database is used to track our projects all over the world
- Personalised
 MyProjectsAbroad
 webpages prepare each
 volunteer for their Care
 project.

Financial Resources

- Funds for all of Projects
 Abroad's work come solely
 from volunteer placement
 fees. These are distributed via
 monthly budgets, to ensure
 fair allocation of funds for
 each destination.
- Occasionally the Projects
 Abroad community may send donations directly for a specific placement or project.

Intangible Resources

- The good reputation of volunteers in local communities is what makes our work possible. This reputation has been earned over years of dedicated volunteer contribution.
- This is supported by the combined knowledge of our extensive staff network.

Our Care Management Plan Goals in Sri Lanka for 2016-2017

The following goals have been selected from a list of nine by our local staff and partners. Each placement may be working on one or more of these goals. We try to put volunteers in the most suitable placement based on what we know about them. We provide workshops, training, volunteer guides and checklists for each of these goals.



Improve English

Since the end of the civil war in Sri Lanka in 2009, the tourism industry has been booming. English has also undeniably become the global language for business, so a good grasp of English can greatly increase a person's employment prospects. By focusing on improving English from an early age, children can have a head start. Volunteers, in particular native speakers, can offer invaluable help in improving the children's and also the teachers' phonetics, pronunciation and grammar.



Increase Literacy

Reading and writing are essential skills for every person to master. Building these basic skills at a young age can greatly increase a student's ability and interest later. The literacy rate in Sri Lanka is of 92% which leaves room for improvement. Our priority in Improving Literacy is to ensure all children have access to the essential resources for development. We do this by assessing each placement on a list of criteria designed to promote reading and writing skills. These criteria are gathered into our specially designed Literacy Rich Environment Checklist.



Promote Early Childhood Development

We aim to assess each child in fields of physical, social, emotional and cognitive development. Pre-schools in townships are often overcrowded and understaffed, meaning children are not receiving the individual attention and stimulation required for effective development. Investing in ECD programmes helps to decrease social inequalities and better prepare young children for school. Using ECD checklists, we are able to identify the greatest areas of need in our partner placements, as well as target individuals who require the most help.



Improve the Quality of Life for Those Living with Disabilities

In Sri Lanka, access to specialised disability care is sparse. Those with disabilities are most often marginalised and their access to education is limited, severely restricting future opportunities in terms of income generation and quality of life. By providing creative activities and vocational training, as well as maintaining a record keeping system for each child, we can provide more specialised and targeted support to those living with a disability.



Increase Emotional Care and Support to Each Child

Emotional support is crucial to development. Our personality, sense of self, our confidence and our ambitions are all built on a foundation of care and support we receive as children. Many children in our partner care centres have come from disadvantaged backgrounds and may have had troubled upbringings, or have never had family to care for them. These children have complex emotional needs that the under-resourced care centres do not have time to address.

How we achieve our goals

Assessment

Through specially designed checklists, our volunteers assess the status of each child or placements in areas related to English, Numeracy, Hygiene and more on a daily basis. This information is uploaded to the Care Database through regular workshops with our team.

Identify areas of need

Through our reporting system we can identify the areas that most need human or material resources. This helps volunteers to know which children are struggling so that they may conduct remedial classes; and also which students are ahead, so that they are given more challenging work.

<u>Assess</u>

- Goal Checklists
- Care Database data
- Placement meetings/visits

Identify areas of need

- Competency level reports
- Staff and volunteer feedback

Targeted Intervention

- Application of plans
- Assessment of improvements through "Progress over Time" report

Planning & Training

- Workshops
- Tasks List
- Resources: Volunteer Resources Database + office materials

Targeted intervention

Through our steady stream of volunteers year round, we are continuously targeting the areas of need determined by our checklists. Although a 4 week volunteer might not see a tangible difference in the time they are there, we are able to show that over longer time frames each and every volunteer contributes to long-term, sustainable impact.

Planning and Training

Based on the areas of need we create Task Lists, workshops and community days to direct our impact to where it is most needed.

Resources are designed by volunteers and these are shared on the Volunteer Resources Database.