



*help...  
learn...  
explore!*

# SPORTS

Wherever you travel in the world everyone enjoys sport. Sport brings people together and breaks down barriers. It fosters community and friendship between those who take part and gives those who watch a sense of belonging. Whether you have lots of coaching experience or none at all, you're welcome to join us. These placements cover a multitude of games, from football to surfing, basketball to mountain biking. You could be windsurfing in the morning and organising a rounders match in the afternoon. You'll be physically tired but you will definitely have a lot of fun helping others to experience the joy of sport!

## Quotes from volunteers

"I cannot express in words the joy that I saw on the faces of the little children whilst playing football and having a good kick around. Every one of the children comes with their own problems, whether it be that they are orphaned, or abused. I find it hard to stress just how worthwhile this project is. It gives them the invaluable opportunity to forget their problems and just to play hard. I was proud to be involved"

Alice Wonnacott

"The two weeks that I spent out in Ghana were the most educational and moving that I can remember. The native people were so friendly and always made me as welcome as they could with the very little they had. The football potential amongst young guys out there is really something. The game is physical and played with passion but, most importantly, always with a bright smile"

Anthony Hurley

Schools in developing countries are often too poor to include basic sports provision in their timetables. At the same time the poorer families cannot afford to pay the costs involved in joining private sports clubs, so their children miss out. By giving their time and any expertise they possess, our volunteers help to redress the balance, and make a positive impact on the development of sport in their chosen country.

## Ghana

Our sports placement originally revolved around football, which has exploded in popularity in recent years thanks to the national team and players who are making a name for themselves on the world stage. Teaching & Projects Abroad volunteers work alongside local coaches, helping with football and general fitness training. Whether you are a complete novice or a fully qualified coach, we will find a role for you.

We are pleased to announce that we have recently begun to offer rugby placements too. This is a fantastic chance for volunteers to get involved in the development of a sport which is so new to this country they don't even have a national team yet! We are working with the Ghanaian Rugby

Federation, helping to spread the word through local schools. Maybe you could be coaching the future stars of Ghanaian rugby!

## India

A whole range of sports coaching is available in India, from the increasingly popular volleyball, basketball and athletics to established favourites like badminton, tennicoit (a mixture of badminton and volleyball, played with an odd ring-shaped ball) and, of course, cricket! The schools we work with don't have the resources or people to dedicate to sport, so our volunteers play a vital role, not just in keeping the children entertained and healthy, but also in the overall development of sport in the country.



Sugar Bay surfers



Teaching & Projects Abroad



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## ■ Mongolia

Physical fitness is a high priority in the schools of the capital Ulaanbaatar and during term time there are many opportunities to get involved with coaching almost any sport you are passionate about, from athletics to volleyball. During the summer months our volunteers work at summer camps, situated just outside the capital city, with emphasis placed on the richness and variety of sporting options.

## ■ Peru

Volleyball is incredibly popular in the Sacred Valley, where you will see groups of children playing it on the streets. The Peruvians also enjoy football and basketball. You can help to coach them, both at local sports clubs and in schools. If you would like a bit more variety, you can combine coaching with teaching conversational English classes.

## ■ Romania

In the heart of Transylvania, in a number of different schools across the city of Braşov, Teaching & Projects Abroad volunteers are helping local children to improve their skills in different sporting areas. Whether your talents lie in ball games, racket games or a more individual pursuit such as swimming, we have something for you. You can combine coaching with teaching conversational English.

## ■ South Africa

Situated on a private beach with access to a lagoon and its own swimming pool, this children's camp in Kwa-Zulu Natal is well-equipped for children of all ages. If you want to be actively involved in water-sports, including surfing, windsurfing, boogie-boarding and kayaking, then this is definitely the placement for you. For every volunteer who goes out, Teaching & Projects Abroad will sponsor a local child to attend the camp.

## ■ Thailand

Sports volunteers in Thailand work at various sports schools and colleges; both in and around the outskirts of Bangkok. The schools are always keen for you to help teach conversational English as well as assisting with sports coaching. Swimming, tennis, athletics and Thai boxing are just some of the sports that you could get involved in, but please let us know if there is a particular sport in which you are interested.



 Playing cricket in India



 Football in Thailand



Teaching & Projects Abroad 

Further information...

If you would like any further information on these or any other projects please do not hesitate to get in contact with us. Our staff are always happy to help!



[www.projects-abroad.co.uk](http://www.projects-abroad.co.uk)  
[info@projects-abroad.co.uk](mailto:info@projects-abroad.co.uk)  
Telephone: + 44 (0) 1903 708300