Teaching & Projects Abroad offers a wide variety of tailor-made medical elective placements, which have been designed specifically to meet your needs as a medical student.

We have fourteen years of experience collaborating with medical professionals. We can provide you with a placement that not only meets your elective requirements but also gives you a full and rich experience of the countries where

they are based.



## If you are searching for a placement with:

- specific specialties
- the chance to make a difference in
- a developing country
- a new and exotic backdrop to your studies

then Teaching & Projects Abroad offers you the right opportunity.

help... learn... explore!

VIEDICAL LECTIVES

Teaching&Projects4broad

Aldsworth Parade, Goring, Sussex, BN12 4TX



www.projects-abroad.co.uk

Tel: +44 (0) 1903 708300



## **Dear Elective Student**

have personally seen many of the placements offered by Teaching & Projects Abroad, and I am satisfied that they meet the expectations of a medical elective.

I hope you think seriously about joining Teaching & Projects Abroad. I am convinced that this will be the best way to ensure that your elective is both memorable and worthwhile.

Best wishes for your elective and for your future,



Simon Britten Consultant Trauma and Orthopaedic Surgeon St James's University Hospital eeds. UK

# \*MEDICAL FLECTIVES



## Dear Elective Student

For a complete medical elective experience, which is worthwhile, adventurous and enjoyable, with secure back-up around the world, you should choose Teaching & Projects Abroad. We have more than a thousand medical places a year, supported by 150 staff.

Since 1992, we have been building close relations with medical professionals around the world. We care about the communities where we work and about our partners. And we care, above all, about you, your values, your character, your personality.

Teaching & Projects Abroad electives are eye-opening and life-changing, and also enjoyable and well planned. With us you can be sure that you personally will have a valuable experience and a good time.

I hope you join us.



**Peter Slowe** Director Teaching & Projects Abroad



## Working in a developing country



We currently offer electives in ten countries on five continents.

In developing countries, students will see diseases and conditions that have long been eradicated from the First World, such as leprosy and polio.

Furthermore, due to a lack of both general health education and money to pay for treatment, the cases that you see will tend to be far more advanced than those you come across in western hospitals.

Because of the limited resources available in the countries where we work, our medical colleagues are always glad of extra help – and this is likely to come across in the way you are received by medical and other hospital staff and by patients as well.

**O**ur placements are available in different countries around the world and have been vetted by British orthopaedic and trauma consultant Simon Britten of St. James's University Hospital in Leeds. Visit his homepage at **www.simonbritten.info**. This is the basic checklist that has to be "ticked" by Simon or anyone planning an elective placement for his approval:

- Good variety of medical specialties
- Clear daily timetables
- Clearly modularised programme
- Good well-qualified supervisor
- Interpreters available if needed
- Links with local primary care

Enjoyable social environment

- Opportunity to see traditional medicine (if applicable)
- Great local food and accommodation





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## What do I get for my money?

#### A Great Elective Placement

A high-quality, worthwhile and well-planned elective placement.

#### Accommodation

Local host-families are carefully selected to be friendly, caring and welcoming and also be safe and secure. In some cases it is possible to arrange for you to stay with other volunteers.

Teaching & Projects Abroad is responsible for providing all vour meals.

#### Insurance

Comprehensive travel, liability and medical insurance is included automatically.

#### **Staff and Support**

Full support from our 150 highly trained and experienced overseas staff.

#### Security

We avoid places where there is likely to be significant political or social unrest. We keep in close touch with the Foreign Office and with embassies.

All of the following countries have elective placements:

Argentina, Bolivia, China, Ghana, India, Mexico, Moldova, Mongolia, Peru and Sri Lanka.

Here are a few examples from different countries:



### MONGOLIA

he State Second General Hospital is the largest in the country, with 530 beds, and it dominates the Bayanzurkh district, a short walk from the centre of Ulaanbaatar. During the Communist era, it was a hospital for upper-level officials only, and this reputation has carried over to the modern day, so you are likely to see some Mongolian celebrities and government ministers, mixed in with street-children and peasants who may have walked for two days to get there. Your supervisor would be Dr Yumjaagin Byambaa, who gives elective students access to the wide range of departments available:

Chemical Pathology. Dermatology. Gynaecology, Neurology, Obstetrics, Orthopaedics, Psychiatrics, Radiology, Surgery and Traditional Medicine.



### **■ MEXICO**

The Hospital General de Zapopan is a public hospital, with 420 beds, situated a short bus-ride from the heart of Mexico's second biggest city, Guadalajara. Zapopan is a beautiful small town in its own right with a bustling public plaza and a famous cathedral. Your supervisor here would be Dr Marco Rendón, who arranges work in Anaesthesia, Dermatology, Gynaecology, Haematology, Maternity, Obstetrics, Orthopaedics,



## **⇒** INDIA



**Teaching & Projects Abroad** has 23 elective placements in India. The Leprosy Mission in Manamudurai is popular and interesting module, an hour from the famous temple-city of Madurai. The mission is quite small, and the medical staff are friendly and helpful – and glad of any help elective students can provide.

Your supervisor here would be Mr Aditha Baskaran who will draw up daily timetables for his students, from 8am to 5pm. This could include visits to surrounding villages to identify and treat new leprosy cases. Students can work in the following areas: Dermatology, Physiotherapy, Psychotherapy, Surgery and Traditional Medicine.

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## **GHANA**



Teaching & Projects Abroad has 12 elective placements in Ghana. The Tetteh Quarshie Hospital is located in Mampong, a village in the Akuapem Hills. The region is very poor and, as with much of Africa, HIV/AIDS is a big problem. The Tetteh Quarshie is a state-run hospital with 223 beds. Your supervisor would be Julius Kuusaalesuo. a physician who likes to give students a great deal of flexibility in their working hours, to enable them to access as many different departments as possible. Specialties are available in the following areas:

Dentistry, E.N.T., Family Planning, Gynaecology, Obstetrics, Othopaedics, Paediatrics, Public Health and Surgery.

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The Teaching Hospital Karapitiya in Galle is a large public hospital with 1465 beds. Galle itself is a large town which was once a Dutch colony with its large fort built in 1663. The town has a magnificent beach, now almost restored to its former glory after the trauma of the tsunami. Your supervisor here would be Mr Thusith Ratnaweera, who is also in charge of local medical students in their 3rd year clinical rotations. Specialties are

available in these areas-Anaesthesia, Chemical Pathology, Dermatology, E.N.T, Haematology, Microbiology. Neurology. Orthopaedics, Paediatrics, Pathology, Psychiatry, Psychology,



## **SRI LANKA**



\*MEDICAL ELECTIVES

## Medical Students' Quotes...

"The doctors really like to test you on things and encourage you to try to do their job! I ended up doing preliminary clinical examinations, ordering blood work and x-rays, discussing the findings in x-rays and taking pins out of people's limbs."

Sarah Simms, Bolivia

"In my placement I got really involved – much more than I thought was possible. I was working primarily in an Accident and Emergency Department where I was involved in everything from bandaging to injections, but I also assisted with surgery, including an appendectomy and other abdominal surgery, and an amputation. My placements back home just never compared."

Fred Campbell-Jones, Mexico

"My placement was so fulfilling, I only wished I could have stayed on for longer. I thoroughly enjoyed being in theatre on Wednesdays when they carried out planned operations such as Hysterectomies, Hernia-repairs and sometimes Caesarean Sections. Some of the cases on the medical ward were quite shocking and saddening. I witnessed a couple of severe cases of HIV/AIDS, malaria and malnutrition and soon came to appreciate more of the healthcare offered to us in the UK. I also worked in paediatrics, physiotherapy, outpatients, pharmacy, maternity and in the laboratories."

Sarah Lownsbrough, Ghana

"The medical programme was exciting - I saw a lot of medical complaints that I would never see in the UK. The days were packed with surgery, gynaecology and paediatrics. I had a great time."

Cassandra Brown, India



The cost of each programme is:

Argentina	£1,795	Mexico	£1,595
Bolivia	£1,595	Moldova	£1,495
China	£2,045	Mongolia	£1,345
Ghana	£1,595	Peru	£1,495
India	£1,245	Sri Lanka	£1,395

The price includes:

ACCOMMODATION FOOD INSURANCE 6-8 WEEK PLACEMENT

\*Teaching & Projects Abroad Travel can organise your return flights.

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## Teaching&Projects Abroad

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