SUMMER PROJECTS ABROAD 2008

ProjectsAbroad

Ghana Morocco Senegal South Africa China India Mongolia Nepal Sri Lanka **Thailand** Moldova Romania **Argentina** Mexico Peru

Arabic **Archaeology** Conservation **Medicine Photography Physiotherapy Spanish & Turtles Diving & Marine Rainforest Conservation Care & Community work Inca Project** French **Veterinary**

SPECIALS/



www.projects-abroad.co.uk Tel: +44(0) 1903 708300

help... learn

■ INTRODUCTION

If you're in the 16 to 19 age group and in fulltime education, why not join us on one of our short programmes designed for you? Aimed to give you valuable work experience or develop a particular skill in two to three weeks, these placements are structured to allow you to make the most of a short time overseas.

You will be with a small group of fellow-students. With a mixture of taught sessions, hands-on and observational work and weekend excursions, you will also be immersed in another culture. It's the perfect way to have some fun while contributing massively to your CV or UCAS form!

"Just to say thank you for the work experience in India. I had the most amazing time there and found it really enjoyable, with all the staff being very welcoming. My journey to and from India was trouble free and I would recommend you to anyone hoping to do medicine."

Deepan Gosrani

2-week Medicine placement in India.

> WHY CHOOSE PROJECTS ABROAD?

SAFFTY & SFCURITY

With over 180 staff members in all of our 20 destinations safety and security for our volunteers is of utmost importance. We take your security abroad very seriously. Before we go anywhere, the countries must be politically stable and safe. If they are not, we don't go. We are constantly in contact with the Foreign & Commonwealth Office regarding safety and stability and, of course, we have the added security of our own overseas staff who know the local area in detail.

STRUCTURE

Our 2 week programmes are structured so you get the most out of your time overseas. Each programme has a weekly plan for volunteers including, visiting your placement, travel and leisure activities. Each group will also have a project supervisor who will be there to provide assistance and guidance throughout your trip.

VARIETY

We are very keen to match your skills and enthusiasm to the right project. By creating a wide variety of projects for volunteers this allows you to select the project most suited to you. There are 20 projects to choose from in 15 of our destinations. Projects range from Conservation to Sport and Medicine to Care and cover Asia, Africa, Latin America and Eastern Europe.

CV AND SELF-DEVELOPMENT

Voluntary work with Projects Abroad is excellent for your CV. It gives you greater life experience and develops personal skills, especially using initiative, which appeal to employers and university faculties. Many students also find that work with Projects Abroad provides a useful basis for writing university projects and dissertations. And it can be a good way of completing a Duke of Edinburgh's Award "Gold".

→ 1.- Medicine in India

2008: July 20th - August 2nd August 10th - August 23rd



his placement is an eye-opener, an amazing opportunity for anyone who wants to study medicine. It offers you a unique insight into medicine in the developing world. Whether the focus is babies at the busy Gnanadurai Maternity Clinic, Children's health in Siva Paediatrics clinic, General surgery in Arunagiri Hospital, Dental care in Ravi Dental Clinic or Cardio vascular treatment in Mathi Clinic in Sivakasi, you will be able to learn about the many different aspects of medicine. You'll also be taken to visit the Leprosy Clinic in Manamadurai where you will see how this disease gets treated and how surgery and physiotherapy are carried out. As a contrast you will also have the chance to experience 5000 year-old traditional Avurvedic medical treatments at the Vasudeva Vilasam Hospital in Trivandrum.

The doctors are keen to show you all they can and share their knowledge. On arrival you will

be briefed on India's medical system and taught basic physical examination

> There will be a weekend break to Kerala's famous wildlife reserve in Thekkady where you can go boating, trekking and watch the wild animals. You could also take an elephant ride or visit a spice plantation.

For those looking to break into the competitive world of journalism, this is for you! The Brasov Visitor is an English-language magazine for expatriates in Romania. As a writer you will work on specific assignments with guidance from the editor. You will be interviewing local people, narrating community issues, reviewing events, writing features and taking photographs. As you work alongside the local experts you can put your passion into practice.

You will attend a scheduled talk in Bucharest by the Editor of Objectiv or another top Romanian newspaper or magazine. Before leaving Romania your name will appear in print adjacent to your contributions to The Brasov Visitor.

A trip to Dracula's castle and a weekend visiting a UNESCO world heritage site should inspire your writing! Finally no trip to Brasov would be complete without an evening out on the town where Austrian, Hungarian and Romanian cultures meet.

2.- Journalism in Romania

2008: July 20th - August 2nd August 10th - August 23rd







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→ 3.- Photography in Romania 2008: 28th June - 12th July July 20th - August 2nd August 10th - August 23rd

Whilst on this placement, a photojournalist will help you put together your own portfolio, offering guidance with lens operation through to the more advanced 'depth of field' technique. In the mornings you concentrate on theory and technique and in the afternoons you have the chance to put your skills to the test. You can experiment as you explore the medieval town of Brasov and the famous 'Dracula's Castle'. Time in the Carpathian Mountains will improve your landscape photography skills - you might even spot and photograph the wild bears and wolves that inhabit this rural location. If you have a special interest you can head to Bucharest. Romania's capital to photograph people and architecture.

With the assistance of a trained journalist, you'll complete an assignment for The Brasov Visitor magazine. You will return home with in-depth knowledge of your camera and a diverse and colourful portfolio and your work in print.

Your middle weekend will be spent either in the high mountains or at the popular Black Sea resort of Constanta, where you can enjoy the beach setting and party atmosphere.

Although geographically Morocco lies closer to Europe; culturally, politically and economically it has far more in common with the Middle East. Arabic is the official language of the country. giving you an ideal opportunity to make real progress, as you are immersed in it both inside and outside of the classroom. As the second most widely-spoken language, French is also very easy to learn here.

Our language courses will provide you with 20 hours of classroom time with a skilled language professional. They are based in the ancient Medina district of the capital city, Rabat. Alongside these classes you and your fellow volunteers will work on vital community projects in one of partner orphanages or day care centres in Rabat. Daily tasks range from playing games with the children, helping them with homework and basic hygiene and assisting staff at meal times.

Throughout your placement and visit to Morocco you will have ample opportunity to practice the Arabic and French you are learning. You will live with an Arabic or French speaking family who will encourage you to practice at home as much as possible. At the weekend a trip to the beach will be arranged.

4.- Arabic or French & **Community in Morocco**

2008: July 20th – August 2nd August 10th – August 23rd





2008: 28th June - 12th July July 20th - August 2nd August 3rd - August 16th



f your passion is medicine then this is a brilliant opportunity to further your knowledge and gain practical experience. The time you spend on this placement will be of huge benefit for when you go to medical school or to help you secure a place at medical school.

You will be working in one of Ulaanbaatar's leading hospitals, under expert supervision. On arrival in Ulaanbaatar, an introductory session will cover basic professional skills as well as Mongolian attitudes and ideas. The focus of the practical work will be at the Central University Hospital of Mongolia, the largest hospital in the country. You'll leave after experiencing medicine in the most remote city on earth and gaining valuable insight into rural community issues.

> You take a weekend break to the Khustai Nuruu Steppe Reserve to see the Przewalski Wild Horses. The sights are spectacular! You will also get plenty of time to socialize at a traditional Mongolian barbeque.

Do you want to find out more about the amazing

6.- Inca Project in Peru

2008: 28th June - 12th July July 20th - August 2nd August 3rd - August 16th



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> 7.- Conservation in the Peruvian Rainforest

2008: July 20th - August 2nd August 3rd - August 16th



For the more adventurous volunteer, this is an incredible opportunity to spend a fortnight living and working in the Amazon rainforest. Projects Abroad is responsible for 476 hectares of land deep in the heart of the rainforest, where we have our own research lodge – Taricaya – which will be your home during the project. You will arrive here following a two-hour boat journey from the frontier town of Puerto Maldonado.

On your first day at Taricaya Lodge you will be given a tour and presentation, introducing you to the fascinating ecosystem and giving you your first chance to spot some of the many bird and animal species that you will be working alongside.

Your day-to-day work will involve releasing previously captive and mistreated animals back into the wild, helping to maintain the network of jungle trails around the lodge, and monitoring different animal and plant species from our 42-metre high canopy walkway! You will be able to learn from our expert conservation staff. who will give group talks throughout your stay and who are always happy to answer questions and talk about their favourite subject.

We will make sure you are able to relax and let your hair down at a social event organised outside the rainforest

Spend a fortnight or three weeks in friendly, chaotic West Africa. Use your sporting talents in their sports and general fitness classes, and

you can then help to referee. Interacting with

At the weekend we'll take you to spend a night

8.- Sport in Ghana

2008: July 20th - August 2nd August 3rd - August 16th



9.- Spanish and Turtle **Conservation in Mexico**

> 2008: 28th June - 12th July July 20th - August 2nd August 10th - August 23rd



Located at the Campamento Tecoman biological station on the Pacific Coast you will spend your time learning Spanish by day and helping protect the rare Olive Ridley turtle by night. This project offers you an opportunity like no other.

You will receive four hours of Spanish tuition a day. Classes are extremely interactive and you will receive great encouragement every step of the way. Whether you want to master the basics or just to brush up, or improve your Spanish, the teaching will be adjusted to your level.

In the evenings you will be working on our turtle project - helping count, collect and bury the precious eggs in a safe enclosure to protect them from predators and poachers. Once the eggs have hatched you will help release the new

born turtles into the sea.

Your weekend trip will be to one of our spectacular beach resorts of the Mexican Pacific Cost. You will return home having both improved your language skills and contributed to wildlife protection and hopefully having had a really good time in Mexico.

If you're thinking of becoming a vet or veterinary nurse then this is the perfect project for you. You will work with domestic and farm animals in town and in the countryside.

Dealing with vaccinations, birthing problems, artificial insemination and surgery, you will gain an abundance of knowledge and experience whilst working on our veterinary placements in South India. On arrival you will be briefed on basic physical examination skills so that you feel confident. First you will normally work at the Thikumaran Clinic, mainly treating livestock. You'll then be able to contrast this working environment with Srinivasan's Clinic in the town of Rajapalyam, dealing mainly with cats and dogs. Next comes the Sethur Government Veterinary Hospital, where you can participate in treatment and care. You also have the chance to accompany a vet on his calls so you can see the livestock problems encountered by rural farmers.

There will be a weekend break to Kerala's famous Kovalam beach resort, or to the pilgrimage temples of Madurai.

> 10.- Veterinary in India

2008: July 20th - August 2nd August 3rd - August 16th



SUMMER PROJECTS ABROAD



■ 11.- Care & Community **Work in Ghana**

2008: 28th June - 12th July July 20th - August 2nd August 3rd - August 16th



Uur 2-week care & community projects in Ghana are based in Accra and the Akuapem Hills. Volunteers split their time between an orphanage in Accra and a community building project in the Akuapem Hills. Although this project is relatively short, it never-theless gives you the opportunity to make a significant difference to other people's lives, as well as your own. You will learn about another culture as you explore and get to know different areas of Ghana. In both locations you will be hosted by a local family, which allows you to become fully immersed in the Ghanaian way of life.

In Accra you will spend a week working at one of the city's many orphanages, renovating and decorating the building in the mornings, and playing with and caring for the children in the afternoons. By putting in a new floor or painting a mural on a neglected wall, you will be making a valuable and lasting contribution to the orphanage. You can also leave a lasting impression on individual children by giving them the attention, love and care which is lacking in their daily lives.

In the Akuapem Hills you will become part of a small community. Your time on the community housing project will be spent building a new classroom for the village school and building housing for poor families. The work consists of making mud clay bricks, landscaping and painting, as well caring for the many varieties of plants and animals at our community garden project.

At the weekend we will take you to spend a night in the jungle at Kakum Rainforest Reserve before watching the sunrise from the canopy walkway. You will also have the opportunity to visit Cape Coast's slave fort and stop off at one of Ghana's palm fringed beaches for some well deserved rest and relaxation.

All volunteers on our conservation project in Thailand will be met by one of our staff in Krabi, just 20km from Ao Nang where the project is based. This trip is perfect for anyone fascinated by marine life. You complete a four day Open Water course to qualify you to dive. In the initial stages, in shallow water, you will learn how to breathe, clear your mask and equalise pressure. You will also become familiar with the 'buddy' system and underwater sign language. Observing and analysing reef damage and fish populations, you play a part in conserving this precious ecosystem of the coast of South East Thailand.

When you have qualified your efforts are rewarded as you descend to a stunningly clear underwater world of tropical fish, turtles, sea urchins and corals that you never knew existed. After your two or three weeks, you return home with a universally recognised qualification, a wealth of diving experience and the knowledge that you have made a useful contribution to the preservation of a wonderful marine ecosystem - and some great memories of Thailand

12.- Diving & Marine Conservation in Thailand

2008: July 20th - August 2nd August 3rd - August 16th



SUMMER PROJECTS ABROAL

> 13.- French & Community **Work in Senegal**

2008: July 20th - August 2nd August 10th - August 23rd



Based in the picturesque town of St Louis in northern Senegal, this placement combines intensive French lessons with the chance to experience a taste of Senegalese culture and contribute to the local community. This is a great project for language students and anyone wanting to view a different culture from the inside.

You will receive four hours of French tuition a day. Classes are interactive and you will be given encouragement every step of the way. You can put your new knowledge into practise on a daily basis as you get to know St Louis and mix with local people. Whether you want to master the basics or improve on the French you already know, the teaching will be adjusted to your level.

During your placement you will be involved in renovating and decorating classrooms in a local kindergarten, creating a clean and colourful environment for children to return to after their school holidays. You also have the chance to work with some of the street-children who live in and around St Louis. You will be able to prepare nourishing meals for them and even

> Your weekend trip takes you over the border into the Mauritanian desert, where you have plenty of opportunity to relax and socialise at a tented camp in a completely unspoilt area of blue sea and pristine sand dunes.

organise a football tournament.

Based in a number of different hospitals in

At the weekend we will take you into the Andes trip to visit, the house which once belonged to

► 14.- Medicine in Argentina

2008: July 20th – August 2nd August 10th – August 23rd



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■ 15.-Care & Community in Moldova

2008: July 20th - August 2nd August 3rd - August 16th



If you have plenty of energy and enthusiasm, you can help to give Moldovan children a summer holiday to remember. Moldova is the poorest country in Europe and many of the children we work with here are orphans or have special needs. While they are housed and looked after, they do not receive much attention or affection - which is where you come in.

Working at a summer camp on the outskirts of Chisinau, the capital of Moldova, you will organise games and activities for groups of young children, and teach them a little English through fun, informal lessons. Volunteers are welcome to use their own ideas and interests, whether your strong point is in sports, music or arts and crafts. While you work, you will also be learning about life in a rarely-visited country with a fascinating history.

At the weekend, we will organise a barbecue party on the beach-like banks of the River Bîc. This is a great chance to socialise with other volunteers and Moldovans, as well as to try a few of the local delicacies.

A career in physiotherapy is achieved after many years of intensive training. To help you decide if this may be the career for you, our physiotherapy programme in Nepal will allow you to gain an exceptional insight into the work of a professional physiotherapist in a developing country.

You will shadow and assist a qualified member of the physiotherapy team in a hospital or rehabilitation centre in Kathmandu. You may be helping with the treatment of injured children, burns victims or the elderly. Your supervisor will explain the different techniques used and any specific types of treatment required by the patients; they will also provide an overview of how physiotherapy is used to treat different problems and conditions in Nepal.

You will live with another volunteer in a local host family close to your place of work and throughout the two weeks social activities with the other volunteers will be organised for some evenings. At the weekend a tour of the central markets and temples of Kathmandu will be arranged and for some stunning views, you can choose to explore the hills surrounding Kathmandu by mountain bike.

≥ 16.- Physiotherapy in Nepal

2008: July 20th – August 2nd August 10th – August 23rd



▶ 17.-Law in China

2008: 28th June - 12th July July 20th - August 2nd August 3rd - August 16th



For anyone considering a career in law, spending two weeks visiting a variety of law organisations in Shanghai will offer a unique work experience opportunity. Your time will include visits to a law firm, to court and to legal departments of international companies.

On arrival you will receive a briefing on the legal system in China from your supervisor, who will speak excellent English and will be happy to answer your questions. During the two week placement you will receive a broad overview of law in China, spanning the entire legal spectrum of commercial and corporate law. You will have the chance to spend time with experienced lawyers and visit foreign chambers of commerce, media organisations and a local law university.

Volunteers on this placement live in furnished apartments with other volunteers in the Pudong area of Shanghai, East of the river. At the weekend a city tour and a visit to Hangzhou and its beautiful West Lake will be organised.

Our archaeology programme in Romania is based around the historic towns of Alba Iulia and Bourdosani in Transylvania, considered to be an area of huge archaeological importance. Artefacts dating to 4000 BC have been found as well as Greek, Roman and Dacian remains. It is a region steeped in history and volunteers will be able to join some of the many excavations taking place.

The work you will be involved in is very varied. There will be opportunities to help or an archaeological dig, and to assist with the restoration of a medieval church. Other tasks involve cleaning pottery, visits to museums and recording items found during digs.

Full training is provided by our archaeology coordinator, George Ciotlausi. Accommodation is in local hostels, with local families or on site depending on the location of project you are working on. Prepare to get your hands dirty!

▶ 18.-Archaeology in Romania

2008: July 20th – August 2nd August 10th – August 23rd



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Projects broad

10*2 WEEKS SPECIALS

■ 19.-Care & Community in Sri Lanka

2008: July 20th – August 2nd August 3rd – August 16th



Based in many small towns along the southwest coast of Sri Lanka, south of Colombo, and in the mountain top hill station town of Kandy - care work in Sri Lanka is a multi-faceted experience offering an enormous variety of choice. All the work, however, has one basic requirement in common: a love of working with children.

You will work with your fellow volunteers in orphanages and day care centres helping the children there learn the alphabet or, for example, leading art activities. In the afternoons volunteers assist in numerous areas with the children, from helping with homework to organising and playing sports and games with the children, or reading to a child individually.

Volunteers will also have the opportunity to visit a Tsunami affected area. Work has been ongoing since the Tsunami hit in 2004, and thankfully most of the affected families have been re-housed, but a lot of work is still needed to regenerate local communities and provide extra educational support to the children affected by this tragedy, many of whose schools were closed for months after the event. These projects will give you a great chance to continue the good work done by our past volunteers. You might be helping with basic conversational English lessons, or organising a sports day that all the children from the local communities can be involved in.

Depending on the weather at the weekend, we will either take you water rafting, canyoning or to one of the many beaches in the region for watersports.

Even before you arrive at our Conservation project in Southern Africa you will see some stunning wilderness on your journey to base camp. You will fly into Polokwane, in the northern region of South Africa, and then drive across the Botswana border. Your final destination is Legodimo – a large nature reserve.

You will stay at the conservation lodge which is well facilitated to accommodate volunteers. It has large dorm rooms, hot water showers open to the stars and a large open air communal area, complete with a fire circle and braai pit (similar to BBQ's) - all of this against a truly remarkable backdrop, beautiful scenery and the impressive wildlife of the Limpopo River

Working on this project will be hard work, good fun and extremely interesting and involve moving from place to place. You will get involved in wrapping trees to prevent damage from elephants, removing alien plants and collecting scientific data on the birds and elephants in the reserve. One day will also be spent learning how to do GPS tracking of elephants and wild dogs at the Venetia Nature Reserve in South Africa. A few days camping at the Mapungubwe Nature Reserve will follow.

Volunteers will be accompanied at all time by our conservation leader, Gerrit. He has good experience with all tasks and activities that volunteers get involved in. He has a great knowledge of the countries geography and a good understanding of all animals the group will encounter. He should do, he did grow up in the bush raising snakes after all!

20.-Conservation in Southern Africa

2008: July 20th - August 2nd August 10th - August 23rd





12*2 WEEKS SPECIALS

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PROJECT	DATE 1	DATE 2	DATE 3
Journalism in Romania		July 20th – August 2nd	August 10 th – August 23 rd
Medicine in India	28th June – 12th July	July 20th – August 2nd	August 10 th – August 23 rd
Photography in Romania		July 20th – August 2nd	August 10 th – August 23 rd
Medicine in Mongolia	28th June – 12th July	July 20th – August 2nd	August 3 rd – August 16 th
Inca Projects in Peru	28th June – 12th July	July 20th – August 2nd	August 3 rd – August 16 th
Conservation in Peru		July 20th – August 2nd	August 3 rd – August 16 th
Sport in Ghana		July 20th – August 2nd	August 3 rd – August 16 th
Spanish & Turtle in Mexico	28th June – 12th July	July 20 th – August 2 nd	August 10 th – August 23 rd
Veterinary in India		July 20 th – August 2 nd	August 3 rd – August 16 th
Diving and Conservation in Thailand		July 20 th – August 2 nd	August 3 rd – August 16 th
Care & Community in Ghana	28th June – 12th July	July 20th – August 2nd	August 3 rd – August 16 th
French and Community in Senegal		July 20th – August 2nd	August 10 th – August 23 rd
Care & Community in Moldova		July 20 th – August 2 nd	August 3 rd – August 16 th
Physiotherapy in Nepal		July 20th – August 2nd	August 3 rd – August 16 th
Law in China		July 20th – August 2nd	August 3 rd – August 16 th
Archaeology in Romania		July 20th – August 2nd	August 10 th – August 23 rd
Care & Community in Sri Lanka		July 20th – August 2 nd	August 3 rd – August 16 th
French or Arabic & Community Work in Morocco		July 20 th – August 2 nd	August 10 th – August 23 rd
Medicine in Argentina		July 20 th – August 2 nd	August 10 th – August 23 rd

3 EASY WAYS TO APPLY

Telephone:

+44 (0) 1903 708300

Internet:

www.projects-abroad.co.uk (Under section "Apply Now")

Application Form:

Please see application form overleaf

Feel free to contact us: info@projects-abroad.co.uk



The cost of each programme is:

WEEKS SPECIALS

£ 995

(£ 395 for an extra week)

The price includes:

- Accommodation Work Experience
- Food - Leisure Avtivities
- Insurance

China	£ 695
Ghana	£ 695
India	£ 695
Mexico	£ 695
Moldova	£ 395
Mongolia	£ 895
Morocco	
Nepal	£ 695
Peru	£ 795
Romania	£ 395
Senegal	£ 695
South Africa	2030
Sri Lanka	
Thailand	£ 695

Projects Abroad Travel can organise your return flights

ProjectsAbroad

14*2 WEEKS SPECIALS

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