

THE OFFICIAL
NEWSLETTER
For Projects Abroad Senegal



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Letter from the Editor

March is the month of some big celebrations everywhere in the world and especially in Senegal with our great Projects Abroad volunteers.

Indeed, we celebrated the Women's International Day on Saturday, the 8th. The incredible Projects-Abroad volunteers participated in a great fashion parade. The fashion parade was dedicated to women, to their courage, their strength, their ambition and their daily fight. A local stylist named Coura was the one who initiated the event; she invited some female volunteers to join the celebration. The fashion parade took place at the French Institute where several female artists performed to honor the women.

In this edition we will also have a food story, an "Italian corner in the life of the beneficiaries of the Microfinance project in Senegal". Indeed, the pizza night, that so respected tradition for the Microfinance volunteers is a good way to gather people together and make profits to launch the business of some beneficiaries in lack of luck. In fact, not only did we have pizzas prepared by the beneficiaries but also we had a particular concert from the Music and Culture volunteer Satsuki Kawabara alongside her project Coordinator. Discover the story through the lines of one of the Microfinance volunteers Miss Tamar Honig.



Our last point is a volunteer story of a French Belgium young girl. Discover the experience of Miss Alexia Beaudelot in Senegal, her amazing project at the ASF Care Centre. Share the beautiful 3 month-stay of the former student of "Lycée Martin V de Louvain-La-Neuve.

Could we end this edition with some new Wolof vocabulary to improve your speaking skills? Of course!!

Enjoy it!



We would like to invite you to find our Official Facebook Group by searching Projects-Abroad Senegal – The Official Group. Also, if you would like, add us as a friend so that we can be in touch before, during and after your trip to Senegal. My Facebook name is Arame Projects Abroad. Best wishes

from Senegal.

Arame



International Women's Day



On the 8th of March women were celebrated everywhere around the world. Our volunteers took part to the celebration in a really special way.

A young and talented female stylist invited five of our volunteers to participate on a fashion parade dedicated to women's courage, strength, commitment and ambition.

The parade took place at the French Institute of St. Louis. We spent a nice evening there watching different performances of some famous female singers.



Several volunteers from different projects decided to participate in this amazing event.

Among the volunteers, five of them fully participated in the event as models:

- Lisa Meier – a teaching volunteer at Sidi Ndiaye school from Germany;
- Ariane Gyenizse – a care volunteer at the ASF Care Centre from Canada;
- Linda Wood – a care volunteer at the ASF Care Centre and the Kindergarten Daaray Gune Yi from United Kingdom;
- Shannon Surridge- a teaching volunteer at Sidi Ndiaye school from Australia;
- Marie-Jo Camara – a care volunteer at the ASF Care centre from United Kingdom.



The parade consisted of three passages and local female artists entertained the audience.

The first passage was in Senegalese traditional outfits. The female volunteers had really beautiful Senegalese traditional dresses.

The second passage consisted of creative outfits with some beautiful African fabrics. Some wore nice pants designed by the stylist to symbolize the possibility of put together tradition and modernism.



The last passage was the time for beautiful night dresses in vibrant colors such as green, blue and red and other sassy colors such as black.

In-between the three passages Mama Sadio and Fily, great local singers entertained the audience and even invited some of the volunteers on the stage to do the latest Senegalese dance. The two Senegalese female artists



performed some of their most famous songs on the name of Women and their empowerment.



Some kids from a humanitarian association called La Liane also performed songs about the youth's difficult situation in poor countries and the girl child education.

The evening ended off with the sweet voice of a young foreign female singer named Middy!



In the end "the one night top models" and the rest of the staff members together with the other volunteers who came to support them thanked the stylist "Coura la Courageuse" (Coura the courageous woman) for her invitation to such a great celebration.



To thank the Projects-Abroad volunteers for their participation the stylist proposed that each of them choose one of the outfits they parade with and take it as a gift and forever standing souvenirs of that special night.

Pizza Night Trilogy: The Final Chapter



Following the success of the first two recent launches of the event, the Projects Abroad microfinance office recently held its third pizza night in 2014 this time for the beneficiary Mazide Diallo. On the evening of Friday the 7th of March, volunteers gathered for a night of food and fun to aid the cause of this promising pizza-maker aspirant.





Meanwhile in the office's makeshift kitchen, Mazide had ample backup to assist with the task of feeding the many hungry customers. Voices of experience were on his side, as Zakaria and Chamakane the beneficiaries of the past two

pizza nights worked alongside the rookie Mazide in dough rolling, tomato sauce smearing, and cheese sprinkling. Once removed from the oven, the pizzas were bestowed upon the eagerly awaiting volunteers. Empty plates and satisfied grins all around signaled that no one was disappointed with their evening's fare. Six trays of four slices each were made, and all but two of the twenty-four pizza portions were heartily devoured.



To the surprise and delight of the attendees, the event turned out to provide not only dinner, but dinner and a show. While volunteers chewed down, a lively concert stirred up. Japanese Music and culture volunteer Satsuki, and



her Senegalese project coordinator entertained throughout the meal, playing guitar and singing animatedly. Their repertoire included an eclectic mix of traditional Senegalese melodies, Japanese tunes, and American classics. It was an exhilaratingly multicultural performance that left many volunteers humming along – regardless of whether or not they knew the words, or even the language, of each song.

In total, the night accrued a profit of 9,750 francs for Mazide – a substantial cash infusion that will help set him on the path towards becoming the next pizza-peddling prodigy.

First we had Zakaria, then Chamakane, and now Mazide. A triad of pizza makers has received a critical boost from this series of flavorful fundraisers. Who will be next? Only time will tell.

And when it does, be sure to bring some cash, an empty stomach, and perhaps some form of musical accompaniment – and prepare for a wonderful night.



Une ancienne élève du Lycée Martin V de Louvain-la-Neuve en projet humanitaire au Sénégal



« J'avais très envie de voyager en Afrique et pour une première fois, je me suis dit que voyager en aidant serait la meilleure manière d'aller à la rencontre des gens », Alexia Beaudelot, 17 ans.

Sur place, Alexia a travaillé 3 mois dans le Centre de Talibés ASF (Aider Sans Frontières) de Saint-Louis où elle est intervenue sur 2 volets : l'éducation, puis la santé.

Dans le domaine de l'éducation, Alexia a enseigné le français pour apprendre à lire et à écrire à des jeunes provenant de classes sociales défavorisées de Saint-Louis. Elle a également suivi une classe de jeunes filles régulièrement inscrites à l'école mais qui n'ont malheureusement pas l'appui de leurs familles pour suivre leur



évolution scolaire. Alexia leur a donné des cours de soutien pendant les vacances scolaires pour une remise à niveau avant la reprise des cours.

En santé, Alexia a aidé à nettoyer les plaies des talibés (enfants de la rue) au centre et aux daaras, leurs lieux de vie. « Les soins que nous donnons sont importants car les enfants talibés n'ont personne pour les soigner. »

Elle a également participé à des campagnes de sensibilisation sur l'hygiène et à la distribution du goûter aux enfants des rues une fois par semaine.



Selon Alexia, le centre ASF a besoin de la présence des volontaires car « il est nécessaire d'avoir beaucoup de personnes pour prendre soin des enfants et lutter contre le taux élevé d'analphabétisme. »

Pendant sa mission humanitaire, Alexia a séjourné dans une famille Sénégalaise dont elle se souviendra longtemps: « ma maman d'accueil est toujours très attentionné. » Avec sa famille d'accueil, elle a partagé beaucoup de moments qui l'ont marquée tels que le premier weekend: « Nous sommes allés à la plage. C'était très bien car cela nous a permis de tout de suite briser la glace. »

Ce qu'elle a beaucoup apprécié au Sénégal, c'est sans aucun doute la chaleur de la population, leur humilité et leur incroyable solidarité. En quittant ce pays Alexia garde en mémoire « des mois inoubliables » passés tant avec



la population sénégalaise qu’avec les autres volontaires issus de tous les horizons ; « c’est ce qui fait la richesse du voyage aussi » !

Et aux futurs volontaires elle conseille d’être patients. Encore merci à Alexia pour son implication sur le terrain et le travail qu’elle a fourni.

Wolof Lexical

As we know your love for Wolof, here are some words

French	English	Wolof
Bonjour	Hello	Assalamou aleykoum
Femme	Woman	Djiguen
Force	Strength	Doolé
Il est fort(e)	He is strong	Dafa am doole
Il/Elle est gentil(le)	He/She is nice	Dafa bakh
Tu es mon ami(e)	You are my friend	Sama Xariit nga



Have a look at our Photos album :

<http://www.facebook.com/groups/projectsabroad.senegal/photos/>

Have a look at the videos taken in our projects on our YouTube Channel!

Sports Football Project :

<http://www.youtube.com/watch?v=NtWkkV5HLs4>

Care Project :

<http://www.youtube.com/watch?v=fwlfgOVsEY>

Music and Culture Project :

<http://www.youtube.com/watch?v=xUzWh2eSXmk>

Microfinance Project :

<https://www.youtube.com/watch?v=JaP4GakDTkk>

Stay In Touch With Us! 😊

Read our monthly newsletter

<http://www.projects-abroad.co.uk/volunteer-destinations/senegal/newsletters-from-senegal/>

Want to contribute in our newsletter?



Each month we will be featuring a photo from Senegal in the newsletter.

If you are a former volunteer your photos are also welcome. Show off

your best shots!!

Send your pictures to: aramefaye@projects-abroad.org,

finasenghor@projects-abroad.org

